

ISN603 Clinical Health Psychology

Unit Description

Clinical Health Psychology introduces the field of clinical health psychology and related theoretical frameworks to students. The unit aims to link psychological and physical aspects of health and illness, with a focus on the application of clinical psychology principles and techniques for the promotion and maintenance of health and the prevention and treatment of illness. Students will become familiar with psychological assessment within health settings and adherence to treatment and preparation for medical procedures. They will also develop basic skills within the role of clinical psychologists in developing behaviour change programs for various levels of prevention.

Administrative Details

Associated higher education awards	Duration	Core or Elective	Level
Master of Psychology (Clinical)	One semester	Core	Sixth year, Semester 1

Unit weighting as a percentage of the year

Unit credit points	Total course credit points
10	200

Student workload

No. timetabled hours per week	No. personal study hours per week	Total workload hours per week
3 (1x2 hour lecture; 1x1 hour practical)	6	9

Learning Outcomes and Assessments

Learning outcomes for Unit: Upon successful completion of this unit, the student should be able to:	
I.	To understand the field of clinical health psychology together with theoretical frameworks linking psychological and physical aspects of health and illness
II.	To understand the application of clinical psychology principles and techniques to the promotion and maintenance of health and the prevention and treatment of illness
III.	To become familiar with psychological assessment, including the principles of inter-professional learning and practice, within health settings and adherence to treatment and preparation for medical procedures
IV.	To develop basic skills within the role of clinical psychologists in developing behaviour change programs for various levels of prevention.

Overview of Assessment Tasks

Assessment Tasks	Weighting (% of total marks for unit)	Unit Learning Outcomes
Health behaviour change project	30%	I, II
Client report and treatment plan	50%	III
Class attendance and participation	20% (80% attendance hurdle requirement)	III, IV

Delivery mode

Face to face on site with E-learning (online) components;
Full-time or Part-time study

Pre-requisites and co-requisites

Successful completion of year 5 units.

Other Resource and Requirements

None.

**Unit outlines may be subject to change. The most up-to-date outlines will be provided to students once the semester commences*