

## ISN605 Advanced Interventions

### Unit Description

Advanced Interventions introduces students to a range of advanced, evidence-based psychological interventions which expand upon the foundation of Cognitive Behavioural Therapy. Students will develop an understanding of the principles underlying these advanced treatment approaches; learn the implementation of these therapies with complex client presentations and disorders; develop skills in assessing clients' suitability for interventions; and learn about advanced clinical practice issues.

### Administrative Details

Associated higher education awards	Duration	Core or Elective	Level
Master of Psychology (Clinical)	One semester	Core	Sixth year, Semester 1

### Unit weighting as a percentage of the year

Unit credit points	Total course credit points
10	200

**Student workload**

No. timetabled hours per week	No. personal study hours per week	Total workload hours per week
3 (1 x 3 hour lecture)	6	9

**Learning Outcomes and Assessments**

Learning outcomes for Unit
I. To demonstrate an understanding of the principles underlying a range of advanced, evidence-based psychological interventions.
II. To develop skills in assessing and determining clients' suitability for specialised cognitive interventions
III. To demonstrate competency in the selection, tailoring and implementation of appropriate evidence-based interventions on the basis of an initial case formulation. Engage in monitoring of outcomes and modifications based on evolving case formulation and intra- and interpersonal processes.
IV. To demonstrate the ability to apply advanced psychological knowledge to evidence-based practice in the conceptualisation, treatment selection, and management of psychological disorders

Assessment tasks		
Type	Weighting (% of total marks for unit)	Unit learning outcomes
<b>Tutorial activities (Class Participation).</b> Students will participate in class activities, experiential activities, role-plays, discussions and in-lecture tasks.	Hurdle	I, II
<b>Tutorial activities (Weekly Online Tasks).</b> Students will complete an online task each week for 8 weeks (worth 5% each).	5% x 8 (40% total)	I, II
<b>Case Study Class Presentation.</b> Students will present to the class a case study demonstrating a therapeutic process with a client from the student's placement.	20%	I, II, III, IV
<b>Review of Therapy Video.</b> Students will view video footage of psychologists delivering therapy and provide a written analysis of the material (3,000 words)	40%	I, II, III, IV

### **Delivery mode**

Face to face on site with E-learning (online) components;

Full-time or Part-time study

### **Pre-requisites and co-requisites**

Successful completion of year 5 units.



### **Other Resources and Requirements**

- Additional relevant reading material will be provided by lecturer throughout the semester

*\*Unit outlines may be subject to change. The most up-to-date outlines will be provided to students once the semester commences.*