

ISN511

Adult Clinical Interventions 1

Unit Description

Adult Clinical Interventions 1 introduce students to an overview of the psychological intervention process in adult clinical patients and prepares them for external placements. Students are introduced to the psychological theories of evidence-based interventions appropriate to a variety of DSM-V disorders.

Administrative Details

Associated higher education awards	Duration	Core or Elective	Level
Master of Psychology (Clinical)	One semester	Core	Fifth year, Semester 2

Unit weighting as a percentage of the year

Unit credit points	Total course credit points
10	200

Student workload

No. timetabled hours per week	No. personal study hours per week	Total workload hours per week
3 (1x2 hour lecture; 1x1 hour practical)	6	9

Learning Outcomes and Assessments

Learning outcomes for Unit: Upon successful completion of this unit, the student should be able to:	
I.	To obtain an overview of the psychological intervention process in a range of adult psychological disorders.
II.	To understand the case formulation approach to cognitive behaviour therapy and be able to develop clinical case formulation leading to evidence-based intervention and treatment monitoring.
III.	To understand how to apply relevant psychological theories to intervention in the delivery of evidence-based therapies with adult clients.

Overview of Assessment Tasks

Assessment Tasks	Weighting (% of total marks for unit)	Unit Learning Outcomes
Online activity (quiz/case formulation)	25%	III
Clinical Case Formulation (students will develop 3 case formulations)	75%	I, II, III

Delivery mode

Face to face on site with E-learning (online) components;
Full-time or Part-time study

Pre-requisites and co-requisites

Successful completion of all year 5, semester 1 units.

Other Resource and Requirements

None.

**Unit outlines may be subject to change. The most up-to-date outlines will be provided to students once the semester commences*