

ISN611 Advanced Interventions 2

Unit Description

Advanced Interventions 2 continues investigating adult intervention techniques and critically evaluating the empirical research literature pertaining to a variety of clinical interventions. Students will have the opportunity to further develop specialised treatment skills and learn in greater depth about advanced psychological treatment approaches beyond basic cognitive behaviour therapy, including psychodynamic and family systems therapies, motivational interviewing and dialectical behaviour therapy.

Textbook

Linehan, M. M. (2014). *DBT skills training manual* (2nd ed.). New York, NY: Guilford.

Miller, W. R. & Rollnick, S. (2012). *Motivational interviewing: Helping people change* (3rd ed.). New York, NY: Guilford,

Administrative Details

Associated higher education awards	Duration	Core or Elective	Level	Unit Coordinator	Other Teaching Staff
Master of Psychology (Clinical)	One semester	Core	Year 2, Semester 1	Dr Rosalind Case	TBA

Unit weighting as a percentage of the year

Unit credit points	Total course credit points
10	200

Student workload

No. timetabled hours per week	No. personal study hours per week	Total workload hours per week
Weeks 1, 2, 3, 5, 6, 7, 9, 10 & 11: 1 x 2 hour online lecture 1 x 1 hour online tutorial, discussion or media materials (e.g. video, webinars)	6	9
Weeks 4, 8, & 12 1 x 3 hour experiential workshop		

Learning Outcomes and Assessments

Learning outcomes for Unit
I. Demonstrate an understanding of the principles underlying a range of psychological interventions

Learning outcomes for Unit
II. Develop skills in assessing and determining clients' suitability for interventions
III. Demonstrate competency in the selection, tailoring and implementation of appropriate evidence-based interventions on the basis of an initial case formulation. Engage in monitoring of outcomes and modifications based on evolving case formulation and intra- and interpersonal processes
IV. Demonstrate the ability to apply advanced psychological knowledge to evidence-based practice in the understanding and management of psychological disorders

Overview of Assessment Tasks

Assessment tasks		
Type	When assessed – year, session and week	Weighting (% of total marks for unit)
Research Critiques (30%). Students will complete 3x research critiques worth 10% each.	Year 2, Sem 2, Weeks 3, 7 and 11	30% (Each task worth 10%)
Case Study 1 (2500 words)	Year 2, Sem 2, Week 8	30%
Case Study 2 (2500 words)	Year 2, Sem 2, Week 12	30%
Workshop participation	Year 2, Sem 2, Weeks 4, 8 and 12	10% / Hurdle



Delivery mode

E-learning (online) with face to face workshops.

Pre-requisites and co-requisites

Successful completion of Year 2, Semester 1 units

Other Resource and Requirements

None.

**Unit outlines may be subject to change. The most up-to-date outlines will be provided to students once the semester commences*