

ISN605 Advanced Interventions 1

Unit Description

In this unit students will explore advanced topics relating to the selection, tailoring and implementation of culturally responsive clinical psychology interventions across the lifespan. Students will learn about advanced clinical practice issues, including treatment approaches for complex clinical presentations and psychotherapy process. Students will gain an understanding of the principles underlying a range of empirically supported treatment approaches, implementation with complex client presentations, and develop skills in assessing and determining clients’ suitability for interventions. Students will demonstrate the ability to develop and deliver appropriate, evidence-based interventions to treat a range of psychological disorders.

Textbook

Barlow, D. H. (Ed.). (2014). *The Oxford handbook of clinical psychology: Updated edition*. New York, NY: Oxford.

Beck, J. S. (2005). *Cognitive therapy for challenging problems: What to do when the basics don’t work*. New York, NY: Guilford.

Administrative Details

Associated higher education awards	Duration	Core or Elective	Level	Unit Coordinator	Other Teaching Staff
Master of Psychology (Clinical)	One semester	Core	Year 2, Semester 1	Mr Antoni Centofanti	TBA

Unit weighting as a percentage of the year

Unit credit points	Total course credit points
10	200

Student workload

No. timetabled hours per week	No. personal study hours per week	Total workload hours per week
1 x 3 hour lecture	6	9

Learning Outcomes and Assessments

Learning outcomes for Unit
I. Demonstrate an understanding of the principles underlying a range of psychological interventions.
II. Develop skills in assessing and determining clients' suitability for interventions.
III. Demonstrate competency in the selection, tailoring and implementation of appropriate evidence-based interventions on the basis of an initial case formulation. Engage in monitoring of outcomes and modifications based on evolving case formulation and intra- and interpersonal processes.
IV. Demonstrate the ability to apply advanced psychological knowledge to evidence-based practice in the understanding and management of psychological disorders.

Overview of Assessment Tasks

Assessment tasks		
Type	When assessed – year, session and week	Weighting (% of total marks for unit)
Class Participation (Hurdle). Students will participate in class activities, experiential exercises, role plays, discussions and in-lecture tasks	Year 2, Semester 1, Weeks 1-12	Hurdle
Weekly Online Tasks (40%). Students will complete 8 online tasks worth 5% each between Weeks 3 and 10	Year 2, Semester 1, Weeks 3-10	40%
Class Presentation (20%)	Year 2, Semester 1, throughout semester	20%
Case Study (40%) of 3000 words	Year 2, Semester 1, Week 12	40%

Delivery mode

Face to face on site

Pre-requisites and co-requisites

Successful completion of Year 1 units



Other Resource and Requirements

None.

**Unit outlines may be subject to change. The most up-to-date outlines will be provided to students once the semester commences*