

ISN604

Clinical Assessment and Intervention with Children and Adolescents

Unit Description

Clinical Assessment and Intervention with Children and Adolescents aims to develop an awareness of the behavioural and clinical assessment and management of common psychological disorders in children and adolescents. Child and adolescent psychopathology will be considered from a developmental perspective within several major theoretical approaches (biological, cognitive - behavioural, psychodynamic, and family/cultural/social). We will also discuss factors that put children and young adults at risk for developing disorders and factors that may protect them from adverse outcomes. We will explore the various types of disorders with an emphasis on the empirical research pertaining to causes, treatment, and prognosis. Students will be encouraged to apply this knowledge in developing ideas about prevention and social policy.

Textbook

Kerig, P. K., Ludlow, A., & Wenar, C. (2014). *Developmental psychopathology from infancy through adolescence with DSM-5 Update Supplement (6th ed.)*

Administrative Details

Associated higher education awards	Duration	Core or Elective	Level	Unit Coordinator	Other Teaching Staff
Master of Psychology (Clinical)	One semester	Core	Year 2, Semester 1	Dr Rosalind Case	TBA

Unit weighting as a percentage of the year

Unit credit points	Total course credit points
10	200

Student workload

No. timetabled hours per week	No. personal study hours per week	Total workload hours per week
1 x 3 hour lecture	6	9

Learning Outcomes and Assessments

Learning outcomes for Unit
I. To develop an awareness of the behavioural and clinical assessment and management of common psychological disorders in children & adolescents.
II. To become familiar within anxiety and mood disorders, internalising and externalising problems, developmental disorders and autism spectrum disorders. To be able to integrate empirical and theoretical considerations.
III. To develop the ability to design appropriate assessment and intervention strategies to address these following disorders in their clinical work: anxiety and mood disorders, internalising and externalising problems, developmental disorders and autism spectrum disorders. To understand the contributions of multiple theoretical perspectives in understanding childhood disorders.

Overview of Assessment Tasks

Assessment tasks		
Type	When assessed – year, session and week	Weighting (% of total marks for unit)
Case Vignettes (20%). Students will respond to four online case vignettes. Each vignette is worth 5%.	Year 2, Semester 1, Weeks 3, 5, 7, and 9.	Total of 20% together (5% each exercise)
Essay (30%).	Year 2, Semester 1, Week 8	30%
Exam (50%). Students will complete five short answer questions worth 20 marks each.	Exam Period	50%

Delivery mode

Face to face on site

Pre-requisites and co-requisites

Successful completion of Year 1 units

Other Resource and Requirements

None.

**Unit outlines may be subject to change. The most up-to-date outlines will be provided to students once the semester commences*