

## ISN611 Adult Clinical Intervention 2

### Unit Description

**Adult Clinical Intervention 2** continues investigating adult intervention techniques and critically evaluating the empirical research literature pertaining to a variety of clinical interventions. Students will demonstrate a working knowledge of a variety of empirically validated interventions, an ability to select appropriate psychological techniques and knowledge of how to apply a variety of clinical interventions. Students will evaluate, in the context of day to day clinical practice, the effectiveness of a variety of interventions used in the treatment of adult psychological problems.

### Required Textbooks and Readings

Carr, A., & McNulty, M. (Eds.). (2006). The handbook of adult clinical psychology: An evidence based practice approach. (2<sup>nd</sup> ed.). New York: Routledge.

*\*Textbooks are not finalised and may be subject to change prior to the start of semester.*

### Administrative Details

Associated higher education awards	Duration	Core or Elective	Level	Unit Coordinator	Other Teaching Staff
Master of Psychology (Clinical)	One semester	Core	Sixth year, Semester 2	TBA	TBA

### Learning Outcomes and Assessments

Learning outcomes for Unit	Assessment tasks		
	Type	When assessed – year, session and week	Weighting (% of total marks for unit)
To demonstrate the ability to critically evaluate the empirical research literature pertaining to a variety of clinical interventions used in the treatment of adult psychological problems	Case study/Treatment Plan 1- presentation – group activity	Year 2, semester 2, various weeks	50%
To demonstrate a working knowledge of a variety of empirically validated interventions used in the treatment of adult psychological problems	Case Study/Treatment Plan 1	Year 2, semester 2, various weeks	
To demonstrate an ability to select appropriate psychological techniques for intervention in a specific adult psychological disorder	Written Case Study/Treatment Plan 2 - individual	Year 2, Semester 2, Week 12	50%
To demonstrate knowledge about evaluation, in the context of day to day clinical practice, of the effectiveness of an intervention tailored to a specific adult psychological disorder	Case Study/Treatment Plans – group presentation & individual assignment – see above		



### **Delivery mode**

Face to face on site with E-learning (online) components;

Full-time or Part-time study

### **Pre-requisites and co-requisites**

Successful completion of all year 5 and year 6, semester 1 units.

### **Other Resource and Requirements**

None.

### **Unit weighting as a percentage of the year**

Unit credit points	Total course credit points
10	200

### **Student workload**

No. timetabled hours per week	No. personal study hours per week	Total workload hours per week
1 x 2 hour lecture	6	8

*\*Unit outlines may be subject to change. The most up-to-date outlines will be provided to students once the semester commences.*