

# ISN604

## Clinical Assessment and Intervention with Children and Adolescents

### Unit Description

**Clinical Assessment and Intervention with Children and Adolescents** aims to develop an awareness of the behavioural and clinical assessment and management of common psychological disorders in children and adolescents. Students will become familiar with anxiety and mood disorders, internalising and externalising problems, developmental disorders and autism spectrum disorders. Students will develop the ability to design appropriate assessment and intervention strategies to address disorders such as: anxiety and mood disorders, internalising and externalising problems, developmental disorders and autism spectrum disorders.

### Required Textbooks and Readings

Kerig, P. K., Ludlow, A., & Wenar, C. (2014). *Developmental psychopathology from infancy through adolescence with DSM-5 Update Supplement (6<sup>th</sup> ed.)*

*\*Textbooks may be subject to change*

### Administrative Details

Associated higher education awards	Duration	Core or Elective	Level	Unit Coordinator	Other Teaching Staff
Master of Psychology (Clinical)	One semester	Core	Fifth year, Semester 2	Dr Rosalind Case	TBA

### Learning Outcomes and Assessments

Learning outcomes for Unit	Assessment tasks		
	Type	When assessed – year, session and week	Weighting (% of total marks for unit)
To develop an awareness of the behavioural and clinical assessment and management of common psychological disorders in children & adolescents	Case Vignettes (online)	Year 1, semester 2, Weeks 3, 5, 7, and 9.	Total of 20% together (4% each exercise)
To become familiar with anxiety and mood disorders, internalising and externalising problems, developmental disorders and autism spectrum disorders	Practical with written assignment – see manual	Week 8	30%
To develop the ability to design appropriate assessment and intervention strategies to address these following disorders in their clinical work: anxiety and mood disorders, internalising and externalising problems, developmental disorders and autism spectrum disorders	Exam	Year 1, semester 2, week 13	50%

### Delivery mode

Face to face on site with E-learning (online) components;

Full-time or Part-time study

### **Pre-requisites and co-requisites**

Successful completion of a four-year sequence of study in psychology with a H2A average or higher and passing selection interviews and psychometric testing.

Successful completion of all year 5 units.

### **Other Resources and Requirements**

None.

### **Unit weighting as a percentage of the year**

Unit credit points	Total course credit points
10	200

### **Student workload**

No. timetabled hours per week	No. personal study hours per week	Total workload hours per week
1x2 hour lecture	6	8

*\*Unit outlines may be subject to change. The most up-to-date outlines will be provided to students once the semester commences.*