

ISN611 Adult Clinical Intervention 2

Unit Description

Adult Clinical Intervention 2 continues investigating adult intervention techniques and critically evaluating the empirical research literature pertaining to a variety of clinical interventions. Students will demonstrate a working knowledge of a variety of empirically validated interventions, an ability to select appropriate psychological techniques and knowledge of how to apply a variety of clinical interventions. Students will evaluate, in the context of day to day clinical practice, the effectiveness of a variety of interventions used in the treatment of adult psychological problems.

Required Textbooks and Readings

Carr, A., & McNulty, M. (Eds.). (2006). The handbook of adult clinical psychology: An evidence based practice approach. (2nd ed.). New York: Routledge.

**Textbooks are not finalised and may be subject to change prior to the start of semester.*

Administrative Details

Associated higher education awards	Duration	Core or Elective	Level	Unit Coordinator	Other Teaching Staff
Master of Psychology (Clinical)	One semester	Core	Sixth year, Semester 2	TBA	TBA

Learning Outcomes and Assessments

Learning outcomes for Unit	Assessment tasks		
	Type	When assessed – year, session and week	Weighting (% of total marks for unit)
To demonstrate the ability to critically evaluate the empirical research literature pertaining to a variety of clinical interventions used in the treatment of adult psychological problems	Case Study - Individual [1000 words] – Case study treatment plan	Year 2, semester 2, week 10	50%
To demonstrate a working knowledge of a variety of empirically validated interventions used in the treatment of adult psychological problems	Case Study – Individual [1000 words] – see above		
To demonstrate an ability to select appropriate psychological techniques for intervention in a variety of specific adult psychological problems	Case Study - Individual [1000 words] – see above		
To demonstrate knowledge of how to apply a variety of clinical interventions used in the treatment of adult psychological problems	Case Study – group presentation	Year 1, throughout semester	50%

Learning outcomes for Unit	Assessment tasks		
	Type	When assessed – year, session and week	Weighting (% of total marks for unit)
To demonstrate knowledge about how to evaluate, in the context of day to day clinical practice, the effectiveness of a variety of interventions used in the treatment of adult psychological problems	Case Study – group presentation – see above		

Delivery mode

Face to face on site with E-learning (online) components;

Full-time or Part-time study

Pre-requisites and co-requisites

Successful completion of all year 5 and year 6, semester 1 units.

Other Resource and Requirements

None.

Unit weighting as a percentage of the year

Unit credit points	Total course credit points
10	200

Student workload

No. timetabled hours per week	No. personal study hours per week	Total workload hours per week
3 (1x2 hour lecture; 1x1 hour practical)	6	9

**Unit outlines may be subject to change. The most up-to-date outlines will be provided to students once the semester commences.*