

ISN511

Clinical Assessment and Intervention with Children and Adolescents

Unit Description

Clinical Assessment and Intervention with Children and Adolescents aims to develop an awareness of the behavioural and clinical assessment and management of common psychological disorders in children and adolescents. Students will become familiar with anxiety and mood disorders, internalising and externalising problems, developmental disorders and autism spectrum disorders. Students will develop the ability to design appropriate assessment and intervention strategies to address disorders such as: anxiety and mood disorders, internalising and externalising problems, developmental disorders and autism spectrum disorders.

Required Textbooks and Readings

American Psychiatric Association (2013). *Diagnostic and statistical manual of mental disorders*. (DSM-V). Washington, DC: Author.

Dishion, T.J., & Stormshak, E.A. (2007). *Intervening in children's lives: An ecological, family-centred approach to mental health care*. Washington, D.C.: American Psychological Association.

Friedburg, R. D., & McClure, J. M. (2015). *Clinical practice of cognitive therapy with children and adolescents: The nuts and bolts*. (2nd Ed.). New York: Guilford.

Friedburg, R. D., McClure, J. M. & Hillarig, G. (2014). *Cognitive therapy techniques for children and adolescents: Tools for enhancing practice*. New York: Guilford.

Guerra, N. G., Graham, S., & Holan, P. H. (2011). Raising healthy children: Translating child development research into practice. *Child Development*, 82, 7-16. DOI: 10.1111/j.467-8624.201. 01537.x

Matson, J.L., Andrasik, F., Matson. (Eds.) (2009). *Assessing childhood psychopathology and developmental disabilities*. New York, NY: Springer Science.

Miltenberger, R.G. (2016). *Behaviour Modification: Principles and Procedures* (6th ed.). Belmont, CA: Wadsworth

**Textbooks are not finalised and may be subject to change prior to the start of semester.*

Administrative Details

Associated higher education awards	Duration	Core or Elective	Level	Unit Coordinator	Other Teaching Staff
Master of Psychology (Clinical)	One semester	Core	Fifth year, Semester 2	TBA	TBA

Learning Outcomes and Assessments

Learning outcomes for Unit	Assessment tasks		
	Type	When assessed – year, session and week	Weighting (% of total marks for unit)
To develop an awareness of the behavioural and clinical assessment and management of common psychological disorders in children & adolescents	Practical with written assignment [2000 words] – Submission of word treatment plan (including diagnosis) based on a case vignette	Year 1, semester 2, week 7	50%
To become familiar within anxiety and mood disorders, internalising and externalising problems, developmental disorders and autism spectrum disorders	Practical with written assignment – see above		

Learning outcomes for Unit	Assessment tasks		
	Type	When assessed – year, session and week	Weighting (% of total marks for unit)
To develop the ability to design appropriate assessment and intervention strategies to address these following disorders in their clinical work: anxiety and mood disorders, internalising and externalising problems, developmental disorders and autism spectrum disorders	Lectorial activities [Class exercises and role plays]	Year 1, semester 2, week 10	50%
To develop an awareness of the behavioural, and clinical assessment and management of common psychological disorders in children adolescents	Lectorial activities – see above	Year 1, throughout semester	

Delivery mode

Face to face on site with E-learning (online) components;

Full-time or Part-time study

Pre-requisites and co-requisites

Successful completion of a four-year sequence of study in psychology with a H2A average or higher and passing selection interviews and psychometric testing.

Successful completion of all year 5, semester 1 units.



Other Resources and Requirements

None.

Unit weighting as a percentage of the year

Unit credit points	Total course credit points
10	200

Student workload

No. timetabled hours per week	No. personal study hours per week	Total workload hours per week
3 (1x2 hour lecture; 1x1 hour practical)	6	9

**Unit outlines may be subject to change. The most up-to-date outlines will be provided to students once the semester commences.*