



# ISN311

## Childhood and Adolescence

### Unit Description

**Childhood and Adolescence** focuses on understanding the development of children through adolescence, the biological and environmental foundations and the cognitive, social and emotional development of the child. Students will explore the major research strategies used in developmental psychology associated with children and adolescence, critically evaluate the major developmental theories as they relate to child and adolescent development, and apply theory-driven psychological research to key developmental areas in childhood and adolescence.

### Required Textbooks and Readings

Shaffer, D. & Kipp, K. (2014). *Developmental psychology: Childhood and Adolescence*. (9<sup>th</sup> Ed.). Belmont, CA: Wadsworth, Cengage

\*Textbooks may be subject to change prior to the start of semester

### Administrative Details

Associated higher education awards	Duration	Core or Elective	Level	Unit Coordinator	Other Teaching Staff
Bachelor of Psychology	One semester	Core	Third year, Semester 2	TBA	TBA

### Learning Outcomes and Assessments

Learning outcomes for Unit	Assessment tasks		
	Type	When assessed – year, session and week	Weighting (% of total marks for unit)
Understand development of children through adolescence including: biological and environmental/contextual foundations, biological-sexual development, cognitive development, social development, emotional development, personality development	Exam [60 item multiple choice items and 5 short answer test items]	Year 3, semester 2, week 14	40%
Critically evaluate the major developmental theories as they relate to child and adolescent development	Exam – see above		
Explore the major research strategies used in developmental psychology associated with children and adolescence	Laboratory report [total = 1500 words]	Year 3, semester 2, weeks 7	40%
Apply theory-driven psychological research to key developmental areas in childhood and adolescence	Laboratory report – see above		

Learning outcomes for Unit	Assessment tasks		
	Type	When assessed – year, session and week	Weighting (% of total marks for unit)
Discuss and critical evaluate the following issues: role of parents, family, peers, school, media, etc. in childhood and adolescent development in the major areas of development: physical; sexual; cognitive, social, emotional, personality	Tutorial activities (debates, case studies, classroom discussion on hot topics)	Year 3, throughout semester 2	20%

### **Delivery mode**

Face to face on site with E-learning (online) components;

Full-time or Part-time study

### **Pre-requisites and co-requisites**

Pass grade or higher in all Year 1, 2 and year 3, semester 1 units.

### **Other Resource and Requirements**

None

### **Unit weighting as a percentage of the year**

Unit credit points	Total course credit points
12.5	400

### **Student workload**

No. timetabled hours per week	No. personal study hours per week	Total workload hours per week
4 (1x2 hour lecture; 1x1 hour face-face tutorial and 1x1 hour online activities)	6	10

*\*Unit outlines may be subject to change. The most up-to-date outlines will be provided to students once the semester commences*